## FAQs

Q: Can another discipline supervise my license type?

A: LCMHCs and LICSWs can supervise one another; the supervisor must be familiar with their supervisee's ethical code and use it to guide supervision. (I will need to consult with Kristin and Amy about LMFT and LPP)

Q: When a supervision agreement is submitted to the board, when should I start counting my hours for that supervision agreement?

A: You may start counting your hours for that supervision agreement on the date that the board approves it.

Q: How do I switch supervisors?

A: Submit a new supervision agreement, along with a note explaining why you are switching.

For Continuing Education Credits how many hours can be self study/a recording and how many must be Face to Face or Live Interaction?

In accordance with Mhp 402.02, participation in home study courses/courses that do not require live participation during a current presentation are limited to 20 hours.

What are Category A CEUs?

In accordance to Mhp 402.02

(a) Category A CEs may be earned by:

(1) Participation in seminars, workshops, or live, interactive webinars;

(2) Participation in home study courses, up to a maximum of 20 CEs;

(3) Preparation of a seminar, workshop, or live, interactive webinar which shall count as 10 CEs; or

(4) Completion of graduate level coursework;

(5) Publication of a peer reviewed professional book which shall count as 10 CEs; and

(6) Publication of an article in a peer reviewed professional journal which shall count as 6 CEs per year.

(b) Category A seminars, workshops, on-line and home study or other CEs shall be approved by one of the following groups:

- (1) American Psychological Association;
- (2) National Association of Social Workers;
- (3) National Board for Certified Counselors;
- (4) American Association for Marriage and Family therapy;
- (5) American Counseling Association;
- (6) American Medical Association;
- (7) American Mental Health Counselors Association; or
- (8) Association of Social Work Boards.

If I teach a college level course, how many CEUs can I receive?

In accordance with Mhp 402.02, (c) Category A graduate academic coursework shall include graduate courses from a department of psychology, social work, counseling, marriage and family therapy, or any other department in the behavioral sciences at a regionally accredited school, college or university or theological school. Each semester hour of course credit shall count as equivalent to 6 CEs. Quarter hours shall equate to 4 CEs.

(d) Category A CEs may be obtained by licensees for the teaching of such courses in (c), as follows:

(1) Preparation of a syllabus and teaching of a new course shall count as equivalent to 10 CEs; and

(2) Thorough updating of a course, including preparation of a new syllabus, review of the literature, preparation of reading lists and course assignments shall count as equivalent to 5 CEs.

Who can I collaborate with for collaboration hours?

In accordance with Mhp 403.02, Licensees can collaborate with any Licensee of this board. Additionally, attendance at mental health provider hospital meetings where the provider has an appointment and where the meeting addresses clinical issues regarding patientcare issues.

Participation in a study group on topical issues for a minimum of 10 hours per group per year;

Consultation with recognized experts in person or via electronic medium in particular disorders or fields;

Can I collaborate with people outside of the state?

\*\*\*\*Yes, as long as they are actively licensed in the field of mental health. \*\*\*\*\*\*

Do Conditional Licenses need CEUs?

No, please see standing order. https://www.oplc.nh.gov/sites/g/files/ehbemt441/files/inlinedocuments/mental-health-practice-standing-order-continuing-education-conditional-licensesmhp-401.02-20250107.pdf

Can another discipline supervise my license type?

With the exception of Licensed Pastoral Counselors, those on the Board Approved Supervisor list can supervise across disciplines overseen by this board.

\*\*\*\* Social work types?\*\*\*

When a supervision agreement is submitted to the board, when should I start counting my hours for that supervision agreement?

Once the agreement has been authorized by the OPLC with the effective start date listed next to the signature of board approval. On page 6

How do I switch supervisors?

You can switch supervisors by submitting a letter to the board ending your current supervision agreement and resubmitting a Candidate for Licensure: Supervision Agreement with your new supervisor.